



RESIDENT'S BREAKFAST MENU

COUNTRY TABLE

JUICES

Orange Or Apple.

BREAKFAST BOWLS

Granola - Muesli - Porridge Oats

Natural Yogurts - Berry Compote

Fruit Salad With Melons, Red and Green Apples,

Kiwi and Grapes.

DAFODIL YOGURTS

Selection Of Delicious Flavours.

CEREALS

A Wide Selection of Cereals.

FRUIT BASKET

MEAT & CHEESE

DANISH PASTRIES

FRESHLY COOKED BREAKFAST

WELSH BREAKFAST

SMALL

Pork & Leek Sausage, Bacon, Black Pudding, Beans, Tomato, Mushroom, Toast, Eggs Cooked As You Like.

LARGE

Two Pork & Leek Sausages, Two Slices of Bacon, Two Black Puddings, Beans, Tomato, Mushroom, Toast, Eggs Cooked As You Like.

SMOKED HADDOCK

Served With Poached Egg.

VEGETARIAN

Glamorgan Sausage, Tomato, Mushroom, Beans,

Toast And Egg Cooked To Your Liking.

EGG & SOLDIERS

Boiled Eggs With Slices Of Toast.

EGGS BENEDICT

Toasted Muffin Topped With Poached Egg & Hollandaise Sauce With Either Bacon Or Salmon.

SALMON & EGG

Smoked Salmon And Scrambled Egg On Brown Toast.

OMELETTE

Choose From Plain, Cheese, Bacon, Sausage Or Mushroom.

BREAKFAST ROLL

Sausage, Bacon & Egg Roll.

WELSH RAREBIT

Welsh Rarebit With Bacon.

PORRIDGE

Served With Honey

BUNN FILTER TEA & COFFEE

BWYDLEN BRECWAST GWEITHIAU

BWRDD OER

SUDD

Oren Neu Afal.

BOWLEN BRECWAST

Granola - Muesli - Ceirch Uwd

Iogwrt Naturiol - Compot Aeron

Salad Ffrwythau Gyda Melonau, Afalau Coch A Gwyrdd, Ciwi

A Grawnwin.

IOGWRT 'DAFODIL'

Dewis O Amrhyw O Flasau Blasus.

GRAWNFWYD

Detholiad Eang O Grawnfwydydd.

BASGED FRWYTH

CIG A CAWS

TOES DANAIDD

BRECWAST WEDI'I COGINIO'N FFRES

BRECWAST CYMRAEG

BACH

Selsig Porc A Chennin, Bacwn, Pwdin Du, Ffa, Tomato, Madarch, Tost, Wyau Wedi'u Coginio Fel Y Dymunwch..

MAWR

Dau Selsig Porc A Chennin, Dwy Sleisen O Bacwn, Dau Bwdin Du, Ffa, Tomato, Madarch, Tost, Wyau Wedi'u Coginio Fel Y Dymunwch

HADOG MWG

Gyda Wÿ 'Di Botsio.

LLYSIEUOL

Selsig Morgannwg, Tomato, Madarch, Ffa,

Tost, Wyau Wedi'u Coginio Fel Y Dymunwch

Wÿ A TOST

Wÿ Wedi'i Ferwi Gyda Sleisen O Dost.

'WYAU BENEDICT'

Muffin Wedi'i Dostio Gyda Wÿ Wedi'i Botsio
A Saws Hollandaise Gyda Naill Ai Bacwn Neu Eog.

EOG A Wÿ

Eog Mwg Ac Wÿ Wedi'i Sgramblo Ar Dost Brown

OMLED

Dewiswch O Blaen, Caws, Bacwn, Selsig Neu Madarch.

RÔL BRECWAST

Rôl Selsig, Bacwn Ac Wÿ.

CAWS PÔB CYMREIG

Caws Pôb Cymreig Gyda Bacwn.

UWD

Wedi'i Weini Â Mêl

TE A CHOFFI HIDLO