
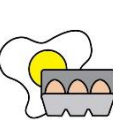



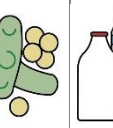



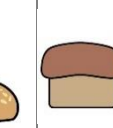
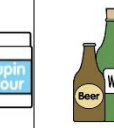
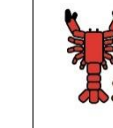
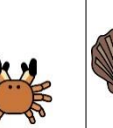



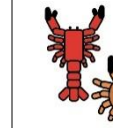




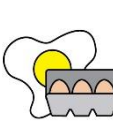
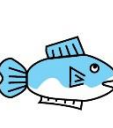


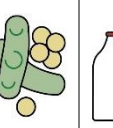

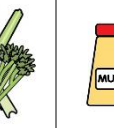

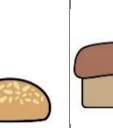
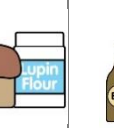



DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – STARTERS Menu pt1

DISHES														
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Anti Pasti Board 2/4 ppl	✓* <i>(Wheat)</i>						✓	✓	✓			✓*		
Camembert Board 2/4 ppl	✓* <i>(Wheat)</i>						✓					✓*		
Seafood Platter 2/4 ppl	✓* <i>(Wheat)</i>								✓			✓*	✓ <i>(Shrimps-Prawns-Crab)</i>	
Townhouse sharer 2/4 ppl	✓ <i>(Wheat)</i>	✓	✓						✓			✓	✓ <i>(Shrimps-Prawns-Crab)</i>	
Soup of the day	✓* <i>(Wheat)</i>						✓	✓	✓			✓*		
Garlic mushrooms	✓ <i>(Wheat)</i>	✓					✓	✓	✓			✓		
Caesar salad	✓ <i>(Wheat)</i>	✓	✓				✓							
Mixed Salad									✓			✓		
Halloumi cheese							✓		✓			✓*		
		Where an *	is shown	the	allergen	Is	optional	and the	meal may	be supplied	with the	Allergen	removed.	


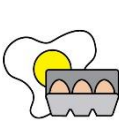
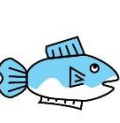

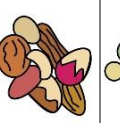
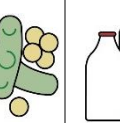

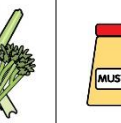

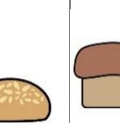


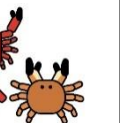

DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – STARTERS Menu pt2

DISHES														
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Black & white pudding							✓		✓			✓*		
Trio Prawns	✓* (Gluten)	✓							✓			✓*	✓ (Shrimps-Prawns-Crayfish)	
Mussels	✓* (Wheat)						✓					✓*		✓ (Mussels)
Chicken dunks	✓ (Wheat)	✓							✓			✓*		
Field mushrooms							✓	✓	✓*			✓*		
Smoked Haddock	✓ (Wheat/Barley)	✓	✓				✓		✓			✓*		
Duck breast salad									✓*			✓*		
Olives with bread	✓* (Wheat)													
Breads, balsamic vinegar olive oil	✓ (Wheat)											✓*		
		Where an * is shown the allergen is optional and the meal may be supplied with the Allergen removed.												


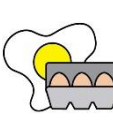
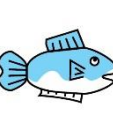


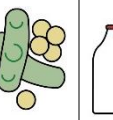

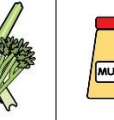

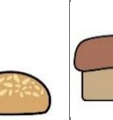




DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – MAIN MEALS Menu

DISHES														
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Steak and Ale pie	✓ (Wheat)	✓						✓						
Chicken Curry	✓* (Wheat)						✓	✓	✓					
Italian Lasagne	✓ (Wheat)						✓	✓				✓*		
Lobscows	✓* (Wheat)							✓						
Battered Haddock	✓ (Wheat)	✓	✓											
Pork Belly	✓ (Wheat)						✓*	✓						
Welsh Pie							✓	✓				✓*		
Dwynwen's Pie	✓ (Wheat)	✓					✓	✓				✓		
Stuffed Chicken Breast		✓					✓	✓	✓			✓*		
Lamb Pie							✓	✓				✓*		
Duck Breast								✓				✓*		
		Where an *	is shown	the	allergen	is	optional	and the	meal may	be supplied	with the	Allergen	removed.	


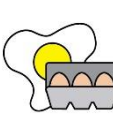
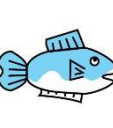


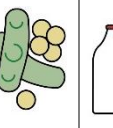



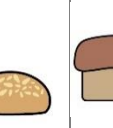
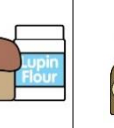



DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – FROM THE GRILL Menu and VEGETERIAN Menu

DISHES														
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Pork Loin							✓	✓				✓*		
Sirloin 8oz							✓	✓				✓*		
Rib Eye 8oz							✓	✓	✓			✓*		
Gammon 9oz		✓*												
Lamb Chops								✓				✓*		
Beef Fillet							✓	✓	✓			✓		
Beef Burger	✓ (Wheat)	✓										✓*		
Stuffed Pasta	✓ (Wheat)						✓	✓				✓*		
Butternut Squash	✓ (Wheat)	✓						✓						
Trio filled Vegetables							✓	✓	✓			✓		
Where an * is shown the allergen is optional and the meal may be supplied with the Allergen removed.														


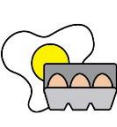
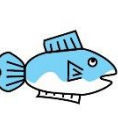

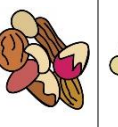
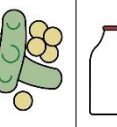

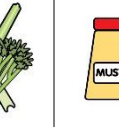

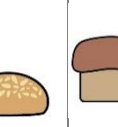




DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – TO FINISH pt1

DISHES														
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Jam Roly Poly	✓ (Wheat)													
Chocolate Fudge Cake	✓ (Wheat)	✓					✓							
Sticky Toffee Pudding	✓ (Wheat)	✓					✓							
Fruit Crumble	✓ (Wheat)						✓							
Profiteroles	✓ (Wheat)	✓					✓							
Crushed Meringue		✓					✓					✓		
Welsh Cheeses	✓ (Wheat)						✓		✓					
Freaky Novelty Toy							✓							
Ice Cream							✓							
		Where an *	is shown	the	allergen	is	optional	and the	meal may	be supplied	with the	Allergen	removed.	


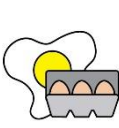
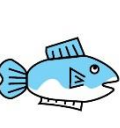

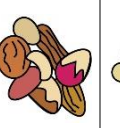
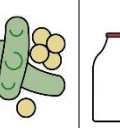

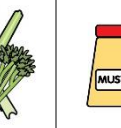

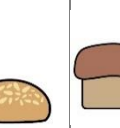




DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – Sandwich, baguettes jacket potato fillings pt1

DISHES														
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Sausage or Bacon	✓ (Wheat)													
Bacon, Cranberry and Brie	✓ (Wheat)						✓							
Ham and Mustard	✓ (Wheat)								✓					
Cheese and Pickle	✓ (Wheat)						✓					✓		
Salmon and Lemon Mayo	✓ (Wheat)	✓	✓											
Prawn and Marie Rose	✓ (Wheat)	✓											✓	
Roast Beef, Onion and Gravy	✓ (Wheat)							✓				✓		
Meat Balls	✓ (Wheat)						✓	✓						
Tuna Mayo	✓ (Wheat)	✓	✓											
Crab Mozzarella Melt	✓ (Wheat)						✓						✓	
		Where an *	is shown	the	allergen	is	optional	and the	meal may	be supplied	with the	Allergen	removed.	

DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – Sandwich, baguettes jacket potato fillings pt2

DISHES														
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Fish Fingers	✓ (Wheat)	✓	✓				✓							
Ham and Cheese Toastie	✓ (Wheat)						✓							
Rump Strips and Onions	✓ (Wheat)													
Goats Cheese and Vegetables	✓ (Wheat)						✓							
Club Sandwich	✓ (Wheat)						✓							
Cajun Chicken	✓ (Wheat)						✓	✓						
Chip Cone and tomato sauce	✓ (Wheat)													
Welsh Rarebit	✓ (Wheat)	✓					✓		✓			✓		
Choices														
Salad									✓*			✓*		
Coleslaw		✓												
		Where an *	is shown	the	allergen	is	optional	and the	meal may	be supplied	with the	Allergen	removed.	

DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – CHILDREN’S Menu

DISHES														
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Choices														
Chips														
Mashed Potato							✓							
Peas														
Beans														
Rice														
Carrots														
Salad									✓*			✓*		
Coleslaw		✓												
Garlic Bread	✓ (Wheat)						✓							
		Where an *	is shown	the	allergen	is	optional	and the	meal may	be supplied	with the	Allergen	removed.	