# DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – STARTERS Menu pt1

DISHES							Milk		MUSTARD	Side of the state	upin Flour	WNE		
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Anti Pasti Board 2/4 ppl	√* (Wheat)						<b>✓</b>	<b>√</b>	<b>✓</b>			<b>/</b> *		
Camembert Board 2/4 ppl	√* (Wheat)						<b>✓</b>					<b>√</b> *		
Seafood Platter 2/4 ppl	√* (Wheat)								<b>√</b>			<b>/</b> *	(Shrimps- Prawns-Crab)	
Townhouse sharer 2/4 ppl	(Wheat)	<b>✓</b>	<b>✓</b>						<b>✓</b>			<b>✓</b>	(Shrimps- Prawns-Crab)	
Soup of the day	√ * (Wheat)						<b>✓</b>	✓	✓			<b>/</b> *		
Garlic mushrooms	(Wheat)	<b>√</b>					<b>√</b>	<b>√</b>	<b>√</b>			<b>√</b>		
Caesar salad	(Wheat)	<b>✓</b>	<b>✓</b>				<b>✓</b>							
Mixed Salad									✓			<b>✓</b>		
Halloumi cheese							<b>√</b>		<b>√</b>			<b>√</b> *		
		Where an *	is shown	the	allergen	Is	optional	and the	meal may	be supplied	with the	Allergen	removed.	





## DISHES AND THEIR ALLERGEN CONTENT - BLACK BOY INN - STARTERS Menu pt2

DISHES						J&	Milk		MUSTARD		Lupin	WNE		
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Black & white pudding							<b>✓</b>		<b>✓</b>			<b>/</b> *		
Trio Prawns	√* (Gluten)	<b>√</b>							<b>√</b>			<b>/</b> *	(Shrimps- Prawns-Crayfish)	
Mussels	√ * (Wheat)						<b>✓</b>					<b>/</b> *		✓ <sub>(Mussels)</sub>
Chicken dunks	(Wheat)	<b>√</b>							<b>√</b>			<b>√</b> *		
Field mushrooms							<b>✓</b>	✓	<b>/</b> *			<b>/</b> *		
Smoked Haddock	(Wheat/ Barley)	<b>√</b>	<b>√</b>				<b>√</b>		<b>√</b>			<b>√</b> *		
Duck breast salad									<b>√</b> *			<b>√</b> *		
Olives with bread	√* (Wheat)													
Breads, balsamic vinegar olive oil	(Wheat)											<b>√</b> *		
		Where an *	is shown	the	allergen	ls	optional	and the	meal may	be supplied	with the	Allergen	removed.	



### DISHES AND THEIR ALLERGEN CONTENT - BLACK BOY INN - MAIN MEALS Menu

DISHES							Milk		MUSTARD	Side of the state	pin Flour	WINE		
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Steak and Ale pie	(Wheat)	<b>✓</b>						<b>✓</b>						
Chicken Curry	√ * (Wheat)						<b>√</b>	<b>✓</b>	<b>✓</b>					
Italian Lasagne	√ (Wheat)						<b>√</b>	<b>√</b>				<b>√</b> *		
Lobscows	√* (Wheat)							<b>√</b>						
Battered Haddock	(Wheat)	<b>✓</b>	<b>✓</b>											
Pork Belly	√ (Wheat)						<b>√</b> *	✓						
Welsh Pie							$\checkmark$	$\checkmark$				<b>√</b> *		
Dwynwen's Pie	(Wheat)	<b>√</b>					<b>√</b>	<b>√</b>				<b>√</b>		
Stuffed Chicken Breast		✓					$\checkmark$	✓	<b>✓</b>			<b>/</b> *		
Lamb Pie							<b>√</b>	<b>√</b>				<b>√</b> *		
Duck Breast								<b>√</b>				<b>√</b> *		
		Where an *	is shown	the	allergen	Is	optional	and the	meal may	be supplied	with the	Allergen	removed.	





### DISHES AND THEIR ALLERGEN CONTENT - BLACK BOY INN - FROM THE GRILL Menu and VEGETERIAN Menu

DISHES						£	Milk		MUSTARD		Lupin	Soor WINE		
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Pork Loin							✓	<b>✓</b>				<b>/</b> *		
Sirloin 8oz							<b>√</b>	<b>√</b>				<b>√</b> *		
Rib Eye 8oz							<b>√</b>	<b>√</b>	<b>√</b>			<b>√</b> *		
Gammon 9oz		<b>√</b> *												
Lamb Chops								✓				<b>/</b> *		
Beef Fillet							<b>√</b>	<b>√</b>	<b>✓</b>			<b>√</b>		
Beef Burger	(Wheat)	<b>√</b>										<b>√</b> *		
Stuffed Pasta	(Wheat)						<b>✓</b>	<b>√</b>				<b>√</b> *		
Butternut Squash	(Wheat)	<b>✓</b>						<b>✓</b>						
Trio filled Vegetables							<b>✓</b>	<b>✓</b>	<b>✓</b>			<b>✓</b>		
		Where an *	is shown	the	allergen	Is	optional	and the	meal may	be supplied	with the	Allergen	removed.	





### DISHES AND THEIR ALLERGEN CONTENT - BLACK BOY INN - FISH Menu

DISHES						£	Milk		MUSTARD	MSAM ON THE PROPERTY OF THE PR	Lupin	Boor		
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Scampi	(Wheat)	<b>/</b> *										<b>/</b> *	√ (Prawns)	
Hake fillet	(Wheat)		<b>√</b>				<b>√</b>					<b>✓</b>		✓ (Cockles)
Mixed Fish Stew	√ * (Wheat)		<b>√</b>									<b>√</b>	✓ (Prawns)	(Mussels)
Mussels	√ * (Wheat)						<b>✓</b>		<b>√</b>			<b>√</b> *		(Mussels)
Seafood Crumble	(Wheat)		<b>√</b>				<b>√</b>					<b>/</b> *	✓ (Prawns)	✓ (Cockles)
King Prawns	√ * (Wheat)	<b>√</b>						<b>√</b>					(Prawns)	
Rainbow Trout Fillets	(Wheat)	<b>✓</b>	<b>✓</b>		<b>√</b>		<b>√</b>					<b>✓</b>		
		Where an *	is shown	the	allergen	ls	optional	and the	meal may	be supplied	with the	Allergen	removed.	





## DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – TO FINISH pt1

DISHES							Milk		MUSTARD	SIGNA	Lupin	Boer WNE		
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Jam Roly Poly	(Wheat)													
Chocolate Fudge Cake	(Wheat)	<b>✓</b>					<b>√</b>							
Sticky Toffee Pudding	(Wheat)	<b>√</b>					<b>√</b>							
Fruit Crumble	(Wheat)						<b>√</b>							
Profiteroles	(Wheat)	<b>✓</b>					✓							
Crushed Meringue		<b>√</b>					<b>√</b>					<b>√</b>		
Welsh Cheeses	(Wheat)						<b>√</b>		<b>✓</b>					
Freaky Novelty Toy							<b>√</b>							
Ice Cream							<b>√</b>							
		Where an *	is shown	the	allergen	Is	optional	and the	meal may	be supplied	with the	Allergen	removed.	





## DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – TO FINISH pt2

DISHES						- S	Milk		MUSTARD	ISSAM ON THE PROPERTY OF THE P	Jupin Flour	Boer		
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Poached Pear							<b>√</b>					<b>✓</b>		
Crème Brûlée		<b>√</b>					$\checkmark$							
Fruit Salad							$\checkmark$							
Strawberries & Cream							<b>√</b>							
Cheesecake	(Wheat)						<b>✓</b>							
Rice Pudding							<b>√</b>							
		Where an *	is shown	the	allergen	ls	optional	and the	meal may	be supplied	with the	Allergen	removed.	



# DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – Sandwich, baguettes jacket potato fillings pt1

DISHES			Do.				Milk		MUSTARD	ISSAM ON THE PROPERTY OF THE P	Lupin	Boer		
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Sausage or Bacon	(Wheat)													
Bacon, Cranberry and Brie	(Wheat)						<b>✓</b>							
Ham and Mustard	(Wheat)								<b>✓</b>					
Cheese and Pickle	(Wheat)						<b>√</b>					<b>✓</b>		
Salmon and Lemon Mayo	(Wheat)	<b>✓</b>	<b>✓</b>											
Prawn and Marie Rose	(Wheat)	<b>√</b>											<b>√</b>	
Roast Beef, Onion and Gravy	√ (Wheat)							<b>✓</b>				<b>✓</b>		
Meat Balls	(Wheat)						<b>√</b>	<b>√</b>						
Tuna Mayo	(Wheat)	<b>√</b>	<b>√</b>											
Crab Mozzarella Melt	(Wheat)						<b>√</b>						✓	
		Where an *	is shown	the	allergen	ls	optional	and the	meal may	be supplied	with the	Allergen	removed.	





## DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – Sandwich, baguettes jacket potato fillings pt2

DISHES							Milk		MUSTARD	ISSAM ON THE PROPERTY OF THE P	Lupin	Boer		
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Fish Fingers	√ (Wheat)	<b>√</b>	<b>√</b>				<b>√</b>							
Ham and Cheese Toastie	(Wheat)						<b>✓</b>							
Rump Strips and Onions	(Wheat)													
Goats Cheese and Vegetables	(Wheat)						<b>✓</b>							
Club Sandwich	√ (Wheat)						<b>√</b>							
Cajun Chicken	√ (Wheat)						<b>√</b>	<b>√</b>						
Chip Cone and tomato sauce	(Wheat)													
Welsh Rarebit	√ (Wheat)	<b>✓</b>					<b>√</b>		<b>✓</b>			<b>✓</b>		
Choices														
Salad									<b>√</b> *			<b>√</b> *		
Coleslaw		<b>✓</b>												
		Where an *	is shown	the	allergen	Is	optional	and the	meal may	be supplied	with the	Allergen	removed.	





### DISHES AND THEIR ALLERGEN CONTENT - BLACK BOY INN - CHILDREN'S Menu

DISHES							Milk		MUSTARD		Lupin	WNE		
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Scampi	<b>✓</b>												✓	
Fish Goujons	<b>✓</b>	<b>/</b> *	<b>✓</b>											
Sausages	<b>✓</b>													
Chicken Dippers	<b>✓</b>	<b>✓</b>					✓							
Lasagne	<b>✓</b>	<b>√</b>					<b>√</b>							
Beef Burger	<b>/</b> *													
Veggie Burger	<b>✓</b>	<b>√</b>					<b>√</b> *							
Pasta	<b>✓</b>	<b>√</b>					<b>√</b>							
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		Where an *	is shown	the	allergen	Is	optional	and the	meal may	be supplied	with the	Allergen	removed.	





#### DISHES AND THEIR ALLERGEN CONTENT - BLACK BOY INN - CHILDREN'S Menu

DISHES							Milk		MUSTARD	SESAMI ON	.upin Flour	Beer		
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Choices														
Chips														
Mashed Potato							<b>✓</b>							
Peas														
Beans														
Rice														
Carrots														
Salad									<b>√</b> *			<b>√</b> *		
Coleslaw		<b>√</b>												
Garlic Bread	(Wheat)						<b>✓</b>							
		Where an *	is shown	the	allergen	ls	optional	and the	meal may	be supplied	with the	Allergen	removed.	



