
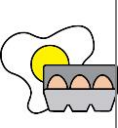
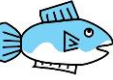


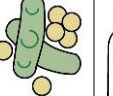




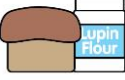





DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – RESIDENT BREAKFAST Menu

DISHES														
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Welsh Breakfast	✓* (wheat)	✓					✓*							
Vegetarian Breakfast	✓* (wheat)	✓					✓							
Continental Breakfast	✓* (wheat)						✓							
Eggs		✓												
One eyed Sailors	✓* (wheat)	✓					✓							
Crunchy Nut	✓* (barley)			✓										
Rice Krispies	✓* (barley)													
Corn Flakes	✓* (barley)													
Special K	✓* (wheat/barley)													

Review date:01.01.16


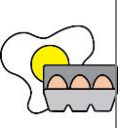



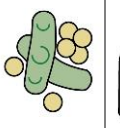

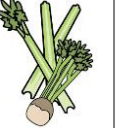


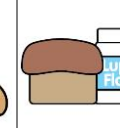
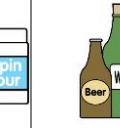




Reviewed by: John Pritchard



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DISHES AND THEIR ALLERGEN CONTENT – BLACK BOY INN – BREAKFAST Menu

DISHES														
	1.Cereals containing gluten	2.Eggs	3.Fish	4.Peanuts	5.Nuts	6.Soya	7.Milk	8.Celery	9.Mustard	10.Sesame seeds	11.Lupin	12.Sulphur Dioxide	13.Crustaceans	14.Mollusc
Weetabix	✓* (wheat/barley)													
Bran Flakes	✓* (wheat/barley)													
Alpen	✓* (wheat/barley/oats)				✓* (hazelnut/almonds)		✓							
Nuts				✓	✓* (walnuts/almonds)									
Bread/Toast	✓* (wheat)						✓			✓				
Jams														
Porridge	✓* (Oats)													
2 Egg Omelette		✓					✓							

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