



Breakfast Bar Menu Served 8am until 12pm Daily

Dragon Breakfast Sausage, Bacon, Egg, Beans, Fried Bread, Tomato & Mushroom
(Contains: **Wheat Gluten-Eggs-Milk***)
£4.95

Large Dragon Breakfast 2 x Sausage, 2 x Bacon, 2 x Egg, Beans, Fried Bread, Tomato & Mushroom
(Contains: **Wheat Gluten-Eggs-Milk***)
£6.95

Vegetarian Breakfast, Aubergine, Fresh Pineapple, Mushroom, Tomato, Vegetarian Sausage, Baked Beans,
Poached Egg
(Contains: **Wheat Gluten-Eggs-Milk**)
£5.95

Continental Breakfast, Ham, Cheese, Apple, Tomato, Croissant
(Contains: **Wheat Gluten-Milk**)
£5.95

Free Range Boiled Eggs Served with buttered soldiers
(Contains: **Wheat Gluten-Eggs-Milk**)
£3.95

One eyed Sailor Fried egg cooked in bread and topped with cheese and served with bacon
(Contains: **Wheat Gluten-Eggs-Milk**)
£4.95

Smoked Manx Kippers Grilled in butter and served simply with buttered granary bread
(Contains: **Wheat Gluten-Fish-Milk-Sesame seeds***)
£6.95

Smoked Salmon and Scrambled egg
(Contains: **Wheat Gluten-Eggs-Fish-Milk**)
£6.95

Porridge Served with a Pot of Honey (Contains: **Oats Gluten-Milk**)..... **£2.95**

Beans & Scrambled Egg On Toast.....(Contains: **Wheat Gluten-Eggs-Milk**).... **£3.25**

Scrambled Egg & Toast(Contains: **Wheat Gluten-Eggs-Milk**)..... **£2.95**

Omelette of the Day served with a little salad(Contains: **Eggs-Milk-Mustard-Sulphur Dioxide**).. **£4.95**

Bacon & Egg Bap **£3.95**
(Contains: **Wheat Gluten-Eggs-Milk**)

Sausage & Egg Bap **£3.95**
(Contains: **Wheat Gluten-Eggs-Milk**)

All Breakfast Items Included Coffee or Tea
This is not the same choice as served to residents in dining rooms

V 01-16 If you require further information on the allergen content of our foods please ask a member of staff and they will be happy to help you.