



Breakfast Bar Menu Served between 8am until 12pm Daily

Dragon Breakfast Sausage, Bacon, Egg, Beans, Fried Bread, Tomato & Mushroom
(Contains: **Wheat Gluten-Eggs-Milk***)
£4.50

Vegetarian Breakfast, Aubergine, Fresh Pineapple, Mushroom, Tomato, Vegetarian Sausage, Baked Beans,
Poached Egg, Toast
(Contains: **Wheat Gluten-Eggs-Milk**)
£4.50

Smoked Manx Kippers Grilled in butter and served simply with buttered granary bread
(Contains: **Wheat Gluten-Fish-Milk-Sesame seeds***)
£4.50

Smoked Salmon and Scrambled egg on Toast
(Contains: **Wheat Gluten-Eggs-Fish-Milk**)
£4.50

Smoked Haddock, Poached egg and Salad
(Contains: **Wheat Gluten-Eggs-Fish-Milk-Mustard-Sulphur Dioxide**)
£4.50

Omelette of the Day served with a little salad
(Contains: **Eggs-Milk-Mustard-Sulphur Dioxide**)
£4.50

No substitutions

All extras are chargeable at £0.45p each:

Bacon
Egg
Sausage
Tomato
Mushrooms
Fried Bread
Toast
Aubergine
Pineapple
Vegetarian Sausage
Black Pudding
Leek Cake
Jam

All Breakfast Items Include a Pot of Tea or Coffee

This is not the same choice as served to residents in dining rooms 7.30am-9.30am Monday-Saturday, 8am-10am Sunday

V 52-25-04 If you require further information on the allergen content of our foods please ask a member of staff and they will be happy to help you.